

VIDEO TIPS

A Guide for Virtual Advocacy Days



When recording a video for use in legislator meetings or public testimony, keep it to 2-3 minutes. If recording primarily for social media, 1-2 minutes is better!

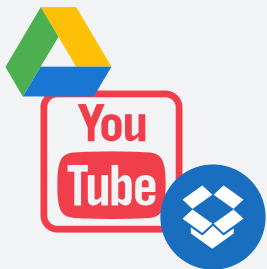
If you can, record in a quiet, private place. Make sure you are close enough to the microphone that the audio is clear.



Shoot the video with your phone set horizontally. Have someone else hold the phone, or use a mount, if possible.



Record in front of a blank wall or simple background.



Your recording will probably be too large to send by email. You can upload to Google Drive, Dropbox, or YouTube and then share the link.

You may also want to post to social media and tag your legislators! **Use the hashtag #OregonEC** to help spread the message!

